

Placement: Health and Quality of Life | Outdoor Flowers

ACCELERATE THE HEALING PROCESS

Bringing flowers to cheer up a patient in the hospital has always been a good idea, because they are proven to generate happiness almost immediately.

In addition to creating positive mood changes, the presence of plants in hospital recovery rooms has been shown to reduce the time required to heal. The soothing effects of ornamental flowers and plants is so great that having views of them through a window to outdoor landscaped areas can also significantly speed up recovery time.

Horticulture therapy is an important tool used to accelerate recovery after medical procedures. By having patients take care of plants, indoors or in the garden when possible, the pride and satisfaction in helping a living thing grow helps put people in a better psychological state, which reduces mental barriers that could impede healing time.

Plants Love You™ by accelerating the healing process.

Resources:

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